

2022 Pitcher/Catcher Restrictions

CATCHING RESTRICTIONS

All Divisions:

- A pitcher who delivers 41 or more pitches in a game cannot play catcher for the remainder of that day. (Threshold Rule applies, see below.)

Majors:

- No player may play catcher for more than 6 innings in a day.

Majors & Minors:

- Any player who has caught for even one inning (or partial inning), and then pitches 21 or more pitches, may not return to playing catcher that day. (Threshold Rule applies, see below.)

AAA & AA:

- If a player has played catcher and then pitches in a game, he/she may not return to play catcher, regardless of how many pitches he/she played catcher or pitcher.

PITCHING RESTRICTIONS

All Divisions:

- A pitcher once removed from the mound cannot return as a pitcher.
- A player may not pitch in more than one game in a day.
- For pitching restrictions in Suspended Games, see Suspended Game Rules.

Majors:

- A player who has played catcher for 4 or more innings in a day (even if any of those innings were partial innings) may not pitch for the remainder of the day – applies to extra innings, doubleheaders, suspended games, etc.

Minors:

- No additional restrictions beyond those stated in Minors division rules and LL pitch count.

AAA & AA:

- Any AAA player who has played catcher for 3 innings, or AA player who has played catcher for 2 innings (even if any of those innings were partial innings, and even if those innings were not consecutive), may not pitch in that game.

EARLY SEASON PITCH RESTRICTIONS

The following refers to SCHEDULED GAMES, not necessarily games played. If any of these early games are rained out, then the restrictions will NOT apply if/when the game is made up (unless the makeup game takes place within the timeframe the restrictions apply).

Division	Restrictions
Majors	For all games played up to and on 3/19/2022, pitchers will be limited to 3 innings.
AAA & Minors	For all games played up to and on 3/25/2022, pitchers will be limited to 2 innings. If a pitcher enters an inning in relief and throws 12 or fewer pitches, it will not count towards the 2 inning limit.
AA	For all games played up to and on 3/25/2022, pitchers will be limited to 1 inning. If a pitcher enters an inning in relief and throws 12 or fewer pitches, it will not count towards the 1 inning limit.

REGULAR SEASON PITCH COUNTS

Below are the standard Little League pitch counts limits that are applied by a player's "league age", regardless of SOLL Division:

11-12	85 pitches
9-10	75 pitches
7-8	50 pitches

Exception: If a pitcher reaches his/her limit while facing a batter, the pitcher may finish out the at-bat. (Applies to all games)

DAYS OF REST REQUIREMENTS

- 66 or more pitches in a day, (4) days of rest needed.
(i.e. pitched on Saturday, may pitch on Thursday)
- 51-65 pitches in a day, (3) calendar days of rest needed.
(i.e. pitched on Saturday, may pitch on Wednesday)
- 36-50 pitches in a day, (2) calendar days of rest needed.
(i.e. pitched on Saturday, may pitch on Tuesday)
- 21-35 pitches in a day, (1) calendar day of rest needed.
(i.e. pitched on Saturday, may pitch on Monday)
- 1-20 pitches in a day, he/she may pitch the next day.
(i.e. pitched on Saturday, may pitch on Sunday)

NOTE: Under no circumstances shall a player pitch in three (3) consecutive days.

Threshold Rule: If a player begins pitching to a batter while below a particular "days of rest" threshold, but in finishing that batter's at-bat, exceeds that "days of rest" threshold, the pitcher only needs to observe the days of rest required by the number of pitches he had thrown when the at-bat began. Example: Johnny has pitched 33 pitches. He strikes out the next batter on 3 pitches, pushing his pitch count to 36, and is then removed as pitcher. Since he started pitching to his final batter within the 21-35 threshold, he only needs 1 calendar day of rest.

The Threshold Rule also applies to pitch count restrictions regarding catching eligibility. Example: Johnny plays the position of catcher in the first inning, and then pitches in the second. If Johnny reaches the 20-pitch limit while facing a batter, he may continue to pitch, and maintain his eligibility to return to the catcher position, until the end of the at-bat.